

SUMMIT SPEECH SCHOOL

Health Policy

It is the goal of the Health Office at Summit Speech School to communicate with you about the health needs of your child and be of assistance to you in keeping your child safe and healthy while at school.

Please notify the school before 8:00 a.m. if your child is absent by calling 908/508-0011 and leaving a message.

A physician's note is required for a child who has recovered from a communicable disease and is returning to school. The number of days that you will need to keep your child at home are listed below and are the **minimum** days a child should remain out of school for a particular illness. The school will honor the private physician's recommendations for additional exclusion days.

Communicable Disease

How long to keep your child home from school

1. Acute Respiratory Illness (ARI)
Until fever free for 24 hours without fever reducing medication and symptoms are improving. **Physician's note is required.**
2. Coxsackie Virus (Hand, Foot & Mouth Disease)
Until three (3) days after diagnosis by a physician. Can return after mouth sores are no longer present and must be fever-free for 24 hours without fever reducing medication and no longer drooling steadily due to mouth sores and child is behaving normally. **Physician's note is required.**
3. Bronchiolitis, Bronchitis, Croup, Ear Infection, Pneumonia, Sinus Infection, & most Sore Throats.
No restrictions unless the child has a fever, or is too uncomfortable, fatigued, or ill to participate in school activities.

Should not attend school if child has a fever/ elevated temperature greater than or equal to 100 degrees or nasal secretions (not clear in color) which are difficult to contain. **Physician's note is required.**
4. Conjunctivitis (Pink Eye)
Until treatment has been instituted for 24 hours, symptom free which means redness and drainage

are gone **Physician's note is required.**

5. *Common Cold* Should not attend school if the child has an elevated temperature greater than or equal to 100 degrees or nasal secretions (not clear in color) which are difficult to contain.
6. *Diarrhea and/or Vomiting* Until 24 hours after diarrhea or vomiting has stopped and the child has normal bowel movements and is able to eat a regular diet. ***Exclude diapered child whose stool is not contained in the diaper and toilet trained.**
7. *Draining Sores* If draining sore cannot be covered, the child **CANNOT** return to school until re-evaluation by a Physician.
8. *Fever of 100 or more* Must be fever free (without Tylenol or Advil) for 24 hours before returning to school.
9. *Fifth Disease* Can return after fever-free for 24 hours. No need to restrict once rash has appeared.
10. *Gastrointestinal Illness* **Diarrhea:** characterized as twice the child's usual frequency with a change to a looser consistency Within a 24-hour period AND/OR **Vomiting:** an episode within a 24-hour period with Any related symptoms of illness.
11. *German Measles (Rubella)* Seven days after appearance of rash. **Physician's note is required.**
12. *Hepatitis Infection* Until end of febrile period and/or seven days following the onset of jaundice. **Physician's note is required.**
13. *Herpes Simplex (cold sores)* Exclusion not indicated.
14. *Herpes Zoster (Shingles)* Until all lesions are crusted over. **Physician's note is required.**
15. *Impetigo* Until 24 hours after starting oral antibiotics or 48 hours after starting antibiotic ointment. Infected



areas must be covered in school. **Physician's note is required.**

16. Measles (Rubeola)

From onset of symptoms until rash and other symptoms are gone through 4 days from rash onset. May be 5 to 10 days. **Physician's note is required.**

17. Meningitis, Meningococcal

Until a note is received from physician stating patient can return.

18. Mollison Contagiosum

Lesions need to be covered. **Until a note is received from physician stating patient can return.**

19. Mumps

Children should stay home for 5 days from the start of parotid gland swelling and fever free for 24 hours without fever reducing medication. **Physician's note is required.**

20. Pediculosis (Head Lice)

Can return after initial treatment has been completed and hair is lice/nit-free. **Upon inspection by the school nurse.**

21. Respiratory Virus (COVID-19, RSV or Influenza)

Students and staff with symptoms* of a respiratory virus (such as Covid-19, RSV, or Influenza) should stay home and away from others until:

- The individual is fever free for 24 hours without fever reducing medication, AND
- Symptoms are improving, which means the individual is no longer feeling ill and are able to participate comfortably in education and other activities as they did before they were ill. Any remaining symptoms, such as cough or runny nose are mild and infrequent.

Individuals can then return to normal activities, but they should take **additional precautions** for the next five days when they are around other people indoors.

These precautions include:

- Wearing a well-fitting mask
- Taking steps for cleaner air

- Practicing good hand hygiene and respiratory etiquette
- Physical distancing when around others
- Testing for respiratory viruses to determine next steps, such as treatment
- Using at-home COVID-19 tests for screening before being around persons at risk for severe disease.

**Symptoms can include: fever, chills, fatigue, cough, runny nose, and headaches, chest discomfort, chills, cough, decrease in appetite, diarrhea, fatigue (tiredness), fever or feeling feverish, headache, muscle or body aches, new loss of taste and smell, runny or stuffy nose, sneezing, sore throat, vomiting, weakness, wheezing.*

If testing positive and no symptoms develop, individuals should take added precautions as described above, for five days when they are around other people indoors.

In addition, their medical doctor has cleared their return to work/school. **Physician's note is required stating child can return to school.**

22. *Pertussis (Whooping Cough)*

Until completion of an appropriate course of antibiotics. **Physician's note is required.**

23. *Ringworm (Tinea Corpus)*

The infection area has to be covered in school. Until after treatment has been started. **Physician's note is required.**

24. *Scabies*

Until the day after treatment. **Physician's note is required.**

25. *Streptococcal Infection, Sore Throat, Scarlet Fever, Scarlatin*

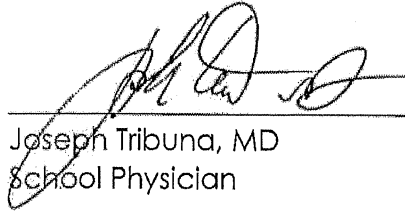
24 hours after beginning antibiotic therapy and child's able to participate in activities and fever free for 24 hours without fever reducing medication. **Physician's note is required.**

26. *Undiagnosed Rash*

Physician's note is required stating child can return to school.

27. Varicella (chickenpox)

Until all lesions have dried and crusted, usually 5 days after onset of rash and fever free for 24 hours.
Physician's note is required.



Joseph Tribuna, MD
School Physician

9/24/25
Date